



Monday 19th October

**JERK SWEET POTATO, BEAN &
VEGETABLE CURRY**

or

**JAMAICAN GREEN CHICKEN WITH
RICE & PEAS**

**SWEETCORN
CHICKPEA & VEGETABLE JOLLOF
CAJUN ROASTED SQUASH COUS
COUS SALAD**

**PINEAPPLE
UPSIDE DOWN SPONGE ORGANIC
YOGHURT
FRESH FRUIT PLATTER**

BLACK HISTORY MONTH