National Autistic Society | Neuroinclusive Education Network

Springhallow

Phoenix Outreach Service

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Linking and Empowering Autistic Families

LEAF is a seven week course devised by Phoenix Outreach Service using some materials from the Neuroinclusive Education Network (NEN), formally the Autism Education Trust.

It is designed for family members of an autistic child or young person aged 4-16 years, to support their understanding of autism. The child may not yet have a formal diagnosis, but could be on the pathway or under assessment.

The programme is delivered face-to-face in the Spring and Summer terms by experienced, trained professionals.

The course will cover:

- Introduction to Autism
- Communication Differences
- Thinking and Understanding
- Sensory Differences
- Emotional Regulation Differences
- Emotional Regulation Strategies
- Participant choice of final session

Please note that we are unable to accommodate babies or children and there are no crèche facilities. Maximum two people per family. We are unable to provide a translator but participants can bring a friend or family member for support.

All sessions will be at held at **Springhallow School** at the following address:

Compton Close off Cavendish Avenue, West Ealing, London W13 0JG

The sessions take place on Thursdays starting at **10am** and finishing at **12.30pm** (specific dates to be confirmed once a place becomes available)

To request a place on LEAF or for further enquiries, please email:

parentcourses@springhallow.ealing.sch.uk

Has your child received an autism diagnosis?

Join the National Autistic Society's EarlyBird Plus programme to understand more about autism and how you can support your child.

Meet other parents and share experiences.

The EarlyBird Plus programme is designed for parents of primary school aged children.

We aim to help you understand and support your child, including:

- Understanding Autism
- Communication
- Understanding Autistic Experiences
- Supporting Daily Living
- Health and Wellbeing
- Connections

The programme draws from well-established practice in the field of autism and uses an established framework of increasing autism knowledge before considering communication, developing understanding of their child's behaviours and supporting strategies.

> "EarlyBird Plus is an absolute must to help you begin to learn and understand how your child's mind works."
> Parent

This EarlyBird Plus programme is for families

- ✓ who live in the London Borough of Ealing,
- ✓ who have their GP in Ealing
- ✓ whose child is about to be 5 years old/ up to the age of 10 and goes to school in Ealing.

> "We aim to build both parents' and professionals' confidence and encourage them to problem solve together."
> Professional

The programme is delivered face-to-face in the Autumn term by experienced, trained professionals. Groups of parents/ carers/ professionals meet weekly with their EarlyBird Plus trainers, for 6 weeks. Each weekly session lasts for approximately 2 hours. In addition, we also offer a 1:1 consultation in person, by phone or online, if needed in the 7th week. We ask families to try and attend all 6 sessions, in order for them to get the best out of the programme.

Two places are allocated to each family, with a third available for a professional, such as a teaching assistant or another supporting adult who regularly works with your child. The professional/ supporting adult is also able to choose to attend part of the programme, if their school is unable to release a staff member for all 6 sessions.

Are you interested in joining the programme?

Email the EarlyBird Plus team to request an application form: parentcourses@springhallow.ealing.sch.uk

Once we have received your completed form, we will place you on our waiting list and contact you once a place on a course becomes available.